



*Shotokan Fudokan Karate-do of Northern Virginia Presents:*



# Prof. Dr. Ilija Jorga, 10 Dan Prof. Dr. Vladimir Jorga, 10 Dan

Join Us for a Weekend with the Co-founders of Fudokan Karate, 1980

## July 12-14, 2024

OneLife Fitness Center  
5115 Leesburg Pike  
Falls Church, Virginia USA 22041

Join us to welcome the  
founders and World  
leaders of Traditional  
Fudokan Karate!



### Training Schedule & Fees

#### Session Times:

Friday, July 12, 2024	7:30 – 8:45 pm
Saturday, July 13, 2024	1:30 – 3:30 pm
Sunday, July 14, 2024	1:00 – 3:00 pm

#### Fees:

Full Event - \$200

#### Per Session:

Friday= \$45, Saturday/Sunday each =\$90

**Soke Ilija Jorga** and **Prof. Dr. Vladimir Jorga** join together to present Fudokan and traditional Shotokan techniques, including the biomechanics of movement and various applications of kata, kumite, and more!

**Fudokan Karate-do** was established 1980 as a result of many years of sporting practice, medical and scientific research as a modern continuation of traditional karate.

**Prof. Dr. Ilija Jorga**, a doctor of sports medicine and professor of physiology at the medical faculty of the University of Belgrade, incorporated his knowledge of physiology and anatomy in creating Fudokan, a unique style of traditional karate.

**Prof. Dr. Vladimir Jorga**, also a doctor of sports medicine and professor and previous instructor at University of Belgrade and has long contributed key decisive scientific factors in today's modern karate.

Our honored guests are each among the best known karate instructors worldwide, and both students of Tetsuji Murakami, Taiji Kase and Hidetaka Nishiyama.

**For More Information & to Register (Limited space! Enroll early! First come, first enrolled.)**

Send us an email to [NovaShotokan@outlook.com](mailto:NovaShotokan@outlook.com) or leave a message at (703) 658-9512. ALWAYS leave your name, your EMAIL ADDRESS, and complete telephone number so we may return your call or confirm your attendance.

Visit us on Facebook: <https://www.facebook.com/NOVAFudokan/>

**Hotels:** Please check [www.hotels.com](http://www.hotels.com) and search near the OneLife Fitness Skyline located at 5115 Leesburg Pike, Falls Church, Virginia 22041, near Washington, D.C. Two preferred options (of hundreds) nearby include:

- [Homewood Suites by Hilton Alexandria / Pentagon South](#) 4850 Leesburg Pike Alexandria, VA, 22302, 1-866-678-6350
- [Hampton Inn Alexandria/Pentagon South](#) 4800 Leesburg Pike Alexandria, VA, 22302, 1-866-767-0278

Organized by Sterian Tuluceanu, 7 Dan, President Fudokan USA & Marian Tuluceanu, 7 Dan, Technical Director Fudokan USA